

**From:** Fidelity International <email.wi@fidelity.co.uk>  
**Sent:**  
**To:**  
**Subject:** Welcome to your Workplace Workout

Get your pension into shape with small steps to financial fitness | [View in browser \(AAA\)](#)



**Workplace Investing**



## Workplace Workout - the fitness regime for your workplace pension

Are you ready to get financially fit?

Don't worry, we're not going to ask you to do star jumps. As the provider of your pension, we just want to help you make the most of your retirement savings. At Fidelity, we think that financial health is just as important as physical health. That's why our experts have developed [Workplace Workout](#), a financial fitness regime that will help you get your money – and your financial confidence – into great shape.

### How does it work?

[Workplace Workout](#) provides you with guidance, tips and interactive tools to help you manage your pension, bulk up your financial knowledge, and stay in control of your savings.



### It only takes a few small steps

Getting financially fit shouldn't feel like running a half-marathon. Like a real workout, it only takes a couple of small, regular steps to build healthy savings. No matter what your starting point is, find out how [Workplace Workout](#) can support you.



Discover more about Fidelity workplace pensions  
[fidelitypensions.co.uk](https://fidelitypensions.co.uk)

### Important Information

The value of investments and the income from them can go down as well as up so you may get back less than you invest. This information is not a personal recommendation for any particular investment. If you are unsure about the suitability of an investment you should speak to an authorised financial adviser. Withdrawals from a pension product will not normally be possible until you reach age 55.



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Fidelity Pensions Management,  
Beech Gate, Millfield Lane,  
Tadworth, Surrey, KT20 6RP.